

Come and Learn Infant Massage

Parents/caregivers and infants ages 1-7 months will learn the skill together during this 4 session series

**Tuesdays & Thursdays: April 19, 21, 26, & 28
from 5:30-6:30pm**



**\$15 for all four sessions.
Scholarships are available.**

Wood County Health Department
184 2nd Street North
Wisconsin Rapids, WI

To Register fill out a registration form or call **(715)-421-8911 (all participants must register by April 14th).**

Class sizes are limited so register early!
If classes are full, interested participants will be added to a waiting list for the next class. Call for details on upcoming class dates/times.

Benefits of Infant Massage

- Promotes bonding and attachment
- Stimulates brain Development
- Helps baby sleep better
- Improves digestion and blood circulation
- Reduces incidence of SIDS
- And many more...

Please bring the following with you to class:

- Your baby
- A bath towel
- A blanket for baby
- 2 washcloths

Each registration allows for two adults and one infant to attend.



Taught by professionals from the Wood County Health Department who have received certification in infant massage through Infant Massage USA

