

Healthy Climate Pledge Go Green Wood County

I/We, the undersigned, pledge to make small changes in our daily lives during National Public Health Week 2008 as a first step toward improving the health of the climate, our communities, our families and ourselves.

In doing so, I/we acknowledge that it is now indisputable that there is a direct connection between climate change and health, that the scientific community has stated decisively that human beings are responsible for climate change and that the impacts of climate change will worsen as emissions continue to rise.

As individuals who care about ourselves, our families and our planet, I/we accept responsibility for how our lifestyles have contributed to climate change and vow to be part of the solution. We will work to learn more about how what happens in our home, community and workplace has global impact.

This week, I/we begin a life-long commitment to a healthy climate and a healthy future. I/We pledge to:

Be Prepared

Prepare for climate change by becoming informed about the health impacts of climate change and regional climate change issues facing our community. Become aware of local resources, both societal and natural.

Travel Differently

Leave the car at home — use public transportation, carpool, walk, bike, telecommute or buy a vehicle that consumes less gas such as a moped, motorcycle, segway, or hybrid vehicle.

Eat Differently

Eat foods that require less packaging, processing and preservation. Buy locally from our community farmers markets and farms. Use reusable fabric bags when shopping. Use reusable bottles for water instead of buying one time use beverage containers.

Green Your Work

Use recycled paper, print less, use energy saving computer settings and green our office. Turn off the lights when you leave a room.

Green Your Home

Seal and insulate our homes and pipes. Turn down thermostat and hot water heater. Switch out light bulbs with compact florescent ones. Plant a tree or garden. Reduce, reuse, recycle. Attend May 9 & 10, 2008 Clean Sweep. Replace mercury thermometers and thermostats with digital.

To take the pledge, join a Go Green Wood County discussion or for more ideas on helping to create a healthier climate, sign and send this form to the Wood County Health Department or call 421-8955, fax 421-8962 or email gkolodziej@co.wood.wi.us

Print Name Date

Signature

For a full list of recommendations and more detailed information on what you and your community can do to lessen the health impacts of climate change, see “Fact Sheet: Living the Healthy Climate Pledge!” or, visit www.nphw.org