

5 Fun Ways to Play with Your Baby

Ball Drop

Provide baby with a few different sized plastic balls and a large basket or bowl. Help baby drop the balls into the container. Baby will hear the different sounds that the balls make and will learn cause and effect.



Monkey See

Babies love to imitate what their loved ones are doing. Turn it into a game. Slap your knees, hit the floor, open your mouth wide, open and close your eyes while you sing a silly song. Baby will learn to do all of these same things by imitating you.

Knockdown

Create towers with baby by placing objects on top of one another. You don't need fancy blocks; you can use lots of everyday items. Baby will enjoy watching and helping you stack and then knocking them down. Baby's motor skills will get a great workout!

Friendly Faces

Show baby photos of all of her loved ones. Talk to baby while you show her. Tell her their names, where they live, anything! It's a great opportunity to enhance baby's eye development and interact with baby.

Pouring Practice

Gather items to fill with water or sand. Help baby fill the items, dump the items into a larger container and do it all over again. Before long, baby will be able to fill the containers all by himself. It will teach great hand eye coordination.



The mission of the Wood County Health Department is to maximize the quality of life across the lifespan by promoting health, protecting the environment and preventing disease and injury.